



## Price List November 2024

### MONU FACIALS

These facials are tailor-made to suit your skin, using the best ingredients derived from plants, flowers, and the most natural sources with 35 years' experience in blending plant extracts. I can also switch to Tropic products, should you prefer.

Express Facial	30 mins	£35.00
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Revive with a cleanse, tone, and exfoliation then mask followed with scalp, hand and arm or foot massage to relax you. Jade rollers can be used to push products into skin,

Aromatic Facial	60 mins	£45.00
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Revive with a cleanse, tone and exfoliation followed by a 20 min face, neck, and shoulder massage, mask followed by a scalp, hand and arm massage or foot massage to relax you.

Tranquil Pamper Package	60 mins	£60.00
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Includes a 30 minute facial and a 30 minute back massage with hot stones.

### HOT STONES MASSAGE

Soothing massage using basalt stones to work deeply into the knots in the back. Aids relaxation and calms the mind and body.

Back Massage	30 mins	£30.00
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Chair Massage	20 mins	£20.00
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Add Heated Wheat Bag	15 mins	£5.00
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## TRADITIONAL MANICURES

Express Manicure	30 mins	£20.00
Includes filing of the nails followed by cuticle tidy up, and normal polish paint of your choice.		
Luxury Manicure	45 mins	£25.00
Filing of nails followed by nail soak and cuticle tidy, relaxing hand massage and paint.		
File & Polish (h)	30 mins	£15.00
Trim and file, tidy and normal polish paint of your choice.		

## TRADITIONAL PEDICURES

Express Pedicure	40 mins	£25.00
Trim and file, followed by cuticle tidy, foot massage and normal polish paint of your choice.		
Luxury Pedicure	60 mins	£40.00
Feet are soaked before applying a scrub before cuticles are pushed back and nails trimmed and filed. A foot file is used to remove hard skin, a relaxing foot massage is carried out before a normal polish paint of your choice.		
File & Polish (f)	30 mins	£15.00
Trim and file, tidy and normal polish paint of your choice. Please bring flip flops to allow to dry.		

## GEL POLISH MANICURES

Express Gel Manicure	30 mins	£20.00
Luxury Gel Manicure	45 mins	£25.00

## GEL POLISH PEDICURES

Express Gel Pedicure	45 mins	£30.00
Luxury Gel Pedicure	60 mins	£40.00
Gel Removal (soak-off)	30 mins	£10.00 hands or feet.

The UV gel polish is gently filed to break the 'seal' then foils soaked in acetone are wrapped round the nails. Nail oil is applied to finish. Can add to manicure or pedicure for £5.00. Please note: gel polish that has been applied at another salon, may not be able to be removed as products do vary from salon to salon. You may need to ask that salon to remove their work before you come.

## BODY TREATMENTS

Coconut Conditioning Ritual      60 mins      £55.00

Begins with dry body brushing following with warm coconut oil applied to the skin to nourish and condition. A luxurious facial cleanse is then carried out with Monu cleansing balm and a hot compress is applied. The shoulders and scalp are then massaged. The treatment finishes with a Hot Stones back massage to complete this relaxing treatment soothing away the stresses of life.

## WAXING

Half Leg wax      30 mins      £15.00

Full Leg wax      45 mins      £30.00

Half Leg & bikini line wax      45 mins      £25.00

Full Leg & bikini line wax      60 mins      £35.00

Underarm wax      15 mins      £10.00

Bikini line wax      15 mins      £10.00

High Bikini line wax      30 mins      £15.00

Eyebrow wax      15 mins      £10.00

Lip or Chin wax      15 mins      £10.00

Forearm wax      30 mins      £15.00

## EYE TREATMENTS

Eyelash Tint      30 mins      £16.00

Eyebrow Tint      15 mins      £10.00

Lash & Brow Tint      30 mins      £22.00

Lash Lift & Tint      60 mins      £42.00

Please Note: A patch test required 24 hours before all tinting and lifting treatments.

Please note: There is a £10.00 call-out fee for mobile treatments in Cardiff which are less than £60.00. There is a larger fee for any treatments outside of a 10 mile radius of Llanedeyrn and Pentwyn.